

Building the Pillars of Potential One Stone at a Time Thursday 15:00

Presenter(s): Kerri Cissna & Gregory Dern

This workshop will introduce participants to the 7 principles of self-actualization coaching, which can be utilized to help clients find their most alive and creative center of being, connect deeply with themselves, and become who they truly want to become.

Grounded in the foundational principles of humanistic psychology, Self-Actualization Coaching draws from the latest psychological science, including the fields of positive psychology, coaching psychology, developmental psychology, personality psychology, neuroscience, talent development, and the science of creativity. This method, introduced by Dr. Scott Barry Kaufman from the Center for Human Potential, will be taught in a very interactive, experiential session.

Learning objectives:

- Integration of self, rather than focusing on how to achieve goals.
- Authenticity and self-discovery through exploration of core values.
- Nurturing inherent potential for growth and self-actualization within each individual.

Workshop in English

Max. participants: Unlimited

The Power of Connection: Love Languages for Elevating Professional Facilitation Thursday 15:00

Presenter(s): Judith de Jong

Unlock the Power of Love Languages in Facilitation! Join this workshop to explore how subtle interventions in space, behavior, and language, rooted in the languages of love, can make participants feel valued and engaged. Craft your own interventions, expanding your comfort zone, and leave with a personalized toolbox. Elevate your facilitation skills and create an inclusive, empowering environment for success. Let's design impactful moments together! Thinking forward is loving forward.

Learning objectives:

- Explore the diverse languages of love, identifying the unique ways individuals connect and resonate.
- Use matching love languages between giver and receiver for effective communication and impactful outcomes.
- Craft love language-based interventions for effective facilitation, building a personalized toolkit for engaging workshops.

Workshop in English

Max. participants: 20

Introduction to the Alexander Technique Thursday 15:00

Presenter(s): Tim Dunne

The Alexander technique is a skeletal alignment and relaxation method designed to maximize breathing capacity and minimize strain on vocal chords for actors, singers and public speakers. Tim learned the technique from his mother who trained with Alexander in London in the 1950's. Tim has been using Alexander for 50 years, but is not a certified trainer.

Learning objectives:

- Posture awareness.
- Learn a basic alignment technique so you can administer it
- Integrate physical actions you can take throughout the day for self alignment.

Workshop in English avec support en Français

Max. participants: 12

Listen to Yourself: Unleash your Creative Self Thursday 15:00

Presenter(s): Norm Laviolette

Through experiential and interactive exercises and discussion, Norm will explore and demonstrate how to remove the fear of failure and ignite the creative mindset within you. Learn to Listen to Yourself and recognize how to trust Your creative instincts. By embracing and celebrating the ideas of others, you will not only elevate your creativity but also create an inclusive, creative, and diverse culture.

Learning objectives:

- Discover how to build off of others' ideas on the spot, thereby unleashing your creativity.
- Learn the power of saying "Yes" versus the power of saying "No".
- Develop listening skills and "reading" a group or Individual.

Workshop in English

Max. participants: 30

Get Wicked! Creative and disruptive tools to multiply Imagination and Perspectives Thursday 15:00

Presenter(s): Nants Schilstra

This workshop will guide you into a light, pleasant, wicked world where we explore our Imagination and Creativity. The purpose is to leave behind the 'normal' and 'usual' and get your mind upside down, around and beyond the predictable. We will do this with a lot of humor, fun and energy.

Learning objectives:

- See beyond your own assumptions and see multiple perspectives.
- Share usually unexpressed (wicked!) thoughts and feelings behold (collective) wisdom and unexpected learnings.
- Appreciate the impact of fun & wickedness in building bridges between disciplines, languages, and perspectives.

Workshop in English avec support en Français

Max. participants: 20

Partnering For the SDG Goals: Making Co-opetition Work Thursday 15:00

Presenter(s): Sophie Tversky

We need to think differently about how we collaborate in order to work towards fulfilling the SDG goals. We need to collaborate with unlikely partners. Join this experiential workshop to explore the role of co-opetition, the paradoxes that exist within this type of collaboration and leverage creativity methods to explore how to make co-opetition work.

Learning objectives:

- Be able to explain what co-opetition means and how it relates to working towards the SDGs.
- Evaluate key paradoxes that occur in co-opetition collaborations.
- Leverage creativity methods and the power of constraints to create an agreement to get the best of co-opetition on a behavioural level.

Workshop in English

Max. participants: 24

Créativité par l'art, médiation artistique et art-thérapie Jeudi 15:00

Présentatrice(s)/Présentateur(s): Delphine Batton

De nombreuses techniques de créativité tirent leur inspiration des pratiques artistiques. Les médiations artistiques, elles, utilisent ces pratiques dans le cadre social et de la santé. L'art-thérapie quant à elle s'inspire des pratiques artistiques dans un but thérapeutique. Cet atelier vous propose de venir découvrir les points communs et les différences entre ces 3 approches, par l'expérimentation.

Objectifs d'apprentissage :

- Distinguer médiation artistique, créativité par les techniques artistiques et art-thérapie.
- Connaître les principes fondamentaux de l'art-thérapie contemporaine.
- Utiliser des techniques de créativité issues des pratiques artistiques.

Atelier en Français with support in English

Max. participants : 20

Innover par le modelage des imaginaires Jeudi 15:00

Présentatrice(s)/Présentateur(s): Diouldé Chartier-Beffa

Les participants se mettent dans la peau de personae construits autour de situations porteuses d'un enjeu émotionnel fort, issus d'une web-ethnographie sur les systèmes de débrouille des aidants. En vivant de l'intérieur le mobile qui pousse à agir chaque persona, ils imaginent de nouveaux possibles (modèles opératoires, offres...) sous la forme d'une expérience à produire (émotionnelle, symbolique et sensorielle) qui précède la conception fonctionnelle de la solution.

Objectifs d'apprentissage :

- Connecter des données objectives avec ses propres émotions, pour féconder l'imagination.
- Distinguer les différentes composantes de l'imaginaire et la façon dont elles déterminent les usages.
- Modeler une idée d'innovation à partir de l'imaginaire de son destinataire.

Atelier en Français with support in English

Max. participants : 20

Collective Leadership Thursday 17:30

Presenter(s): Maggie Dugan

“Collective leadership, with its collaborative ethos, is fuel for creativity and problem-solving. It replaces the outdated top-down approach with a process that amplifies diverse talents and perspectives to help groups tap into a collective intelligence and transcend their individual capacities. We’ll do a deep dive into the dimensions of collective leadership and explore how this shared approach enriches trust and fosters an environment where different voices can be heard and novel ideas can flourish.

Learning objectives:

- Introduce the Framework of Collective Leadership.
- Explore the dimensions, the "how" of Collective Leadership.
- Use a self-assessment of your comfort/capacity to lead collectively.

Workshop in English avec support en Français

Max. participants: 20-24

Self-managing our personal paradoxes Thursday 17:30

Presenter(s): Mark Harling

Do people sometimes have trouble understanding why you can be one thing and it’s opposite at the same time? For example, you may need structure and yet be chaotic. Be childlike at times yet very responsible at others. Totally distracted, yet able to focus for hours. Impulsive and indecisive. Vocal and sensitive to criticism. Whatever your flavour of paradox, you are invited to explore it in this workshop.

We will create a safe space to unpack our seemingly opposing traits and use polarity management tools to make sense of them. Through some of our real-life examples we will find how we can leverage the best of both aspects of these polarities to create a better balance in our life. This is a personal development workshop, there will be a little theory and a lot of personal and collective exploring. We will work from the material you bring so personal disclosure is part of it. If you’re neurodiverse, this is for you! If you identify with any of the above, this is also for you!

Learning objectives:

- Get an introduction to Polarity Management applied to personal development.
- Understand and manage the seemingly unreconcilable aspects of your behaviours.
- Learn from others and seeing that you are not alone.

Workshop in English avec support en Français

Max. participants: Flexible

Three horizons Thursday 17:30

Presenter(s): Tim Hurson

This session, built on the insights of Bill Sharpe and his colleagues in the International Futures Forum, will explore the systems thinking required to tackle issues for which paradox, ambiguity, and complexity characterize the landscape and where the pace of change means that yesterday's solutions are no longer effective, where long-term needs require long-term logic and where radical innovation may be required for success. Note: this is an advanced workshop, designed to share ideas and insights.

Learning objectives:

- Explore & discuss the concept of "future consciousness"
- Explore & discuss the Three Horizons framework and examples of its application.
- Explore & discuss the differences between knowing our way into the future and living our way into the future.

Workshop in English

Max. participants: 18

Art of the Insight Thursday 17:30

Presenter(s): Elizabeth Talerma & Chelsea Carlson

Creativity flourishes as a result of a deep understanding of people and the historical, social, economic, and cultural context in which they live. And while evidence is essential to the creative process, it alone does not establish the binding connections essential to developing work that matters. In this workshop we’ll provide a structured methodology for traversing from divergent to convergent in order to turn observations into insights that inspire action.

Learning objectives:

- Learn to turn observations into insights that create connection and drive action.
- Understand your insight style to reveal your greatest insight-finding strengths.
- Master methods for moving from divergent exploration to convergent application of creativity.

Workshop in English

Max. participants: 30

Circular Sparks: Igniting Sustainable Creativity for Tomorrow's Ideas Thursday 17:30

Presenter(s): Katja Tschimmel

This workshop is centered around 11 Circular Economy (CE) strategies encapsulated in the acronym ReEVOLUTION - Rethink Business Model, efficient use of resources, Emotional connection, Virtualisation, Optimisation, Loop, Use longer, Transform, In place, Ø waste, Network, and employs a card deck with 52 action cards. Participants will delve into these strategies in the context of Global Forward Thinking. By applying the cards, attendees will infuse creative thinking into Circular Economy concepts, generating fresh perspectives and innovative solutions.

Learning objectives:

- Strategic Mastery: Gain deep understanding of key CE strategies and their practical application.
- Innovative Problem-Solving: Develop the skills to creatively address challenges in Circular Economy projects.
- Forward Thinking: Cultivate a forward-thinking mindset, applying CE principles within a global perspective.

Workshop in English

Max. participants: 20

CSI - 'The Secrets of the Sea' (a Creative Storytelling Immersion) Thursday 17:30

Presenter(s): Femke van Assouw & Kim van Laanen

Imagine yourself in a real crime scene and use your natural ability to create in an exciting setting in the city Sestri. What happened that night? What was the trigger and who are the perpetrators? As a real CSI (Creative Storytelling Immersion)-agent, you search for the story behind the headline through Creative Problem-Solving techniques. Kim and Femke take you through an inspiring workshop full of teamwork, creativity and flow.

Learning objectives:

- Learn that stories are excellent for teaching people new things.
- Learn to apply various creative problem solving techniques.
- Discover the power of a rich and meaningful learning environment.

Workshop in English

Max. participants: 25

De la contrainte nait la créativité! Jeudi 17:30

Présentatrice(s)/Présentateur(s): Nathalie Bergeron-Duval

Notre avenir s'inscrit dans un horizon de contraintes et d'incertitudes. Expérimenter dans son corps constitue une forte contrainte et observer comment cela impacte la capacité créative, notamment artistique, seul et en collectif, est riche d'enseignement pour notre adaptation future, incluant :

- Prise de conscience de ta corporalité.
- Dessin en aveugle, et avec ton autre main (la main inhabituelle).
- Création d'une œuvre singulière en collaboration.

Objectifs d'apprentissage :

- Observer ses réactions en zone d'inconfort.
- Accroître son agilité mentale et physique.
- Trouver de nouvelles ressources créatives au sein d'un groupe de travail

Atelier en Français with support in English

Max. participants : 16

Laboratoire d'innovation augmentée : Re-prototypage de concepts avec l'IA Jeudi 17:30

Présentatrice(s)/Présentateur(s): Patrick Duhoux & Pierre-Maxime Jeanney

Rejoignez notre laboratoire d'innovation augmentée où nous réinventons les limites de la créativité grâce à l'IA. Cet atelier reprototypage des concepts existants, en leur insufflant le pouvoir transformateur de l'intelligence artificielle. Les participants participent à des séances pratiques, explorant le rôle de l'IA dans la refonte des idées et la vision de l'avenir. Qu'il s'agisse d'affiner des visions existantes ou de créer de nouveaux prototypes, cette expérience immersive propulse l'innovation et inspire un paysage créatif redéfini.

Objectifs d'apprentissage :

- Explorez l'impact de l'IA sur le reprototypage de concepts pour une augmentation créative innovante.
- Expérimentez avec des outils d'IA, favorisant l'apprentissage pratique de l'idéation futuriste.
- Réfléchissez aux pratiques futures en insufflant l'IA pour le développement de concepts raffinés et visionnaires.

Atelier en Français with support in English

Max. participants : 25

Creating Connection and Creativity through Rhythm in Motion Friday 15:00

Presenter(s): Jennifer Karno

This workshop incorporates improvisational movement, rhythms, and modified aspects of world dances to foster connection and group cohesion. No dance or music experience is necessary, only a willingness to learn, laugh, contribute, and try something new. This class will teach various methods for using energizers and movement in your workshops to create trust, connection, innovation, and engagement. Additionally, participants will be encouraged to take risks, make and accept offers, and collaborate in ways that inspire positive bonding and joy.

Learning objectives:

- Learn various movement-based ways to connect people, provide positive energy and shared instantaneous joy.
- Learn how music & movement co-regulate each other, build trust, and express ourselves without words.
- Explore how improvisational, creative movement can be used to help reduce stress, provide a creative outlet, drive innovation and divergent thinking in groups.

Workshop in English avec support en Français

Max. participants: Unlimited

Elements: The Nature of Innovative Leadership Friday 15:00

Presenter(s): Jacqueline Lloyd Smith & Stephen J. Walling

This is a transformative journey designed to empower experiential learners in embracing innovation and honing their leadership skills. This process is guided by a metaphor of the twelve months and recognizes the continuous cycle of innovation in the CPS framework. There are 9 unique leadership styles as elements: Water, Earth, Fire, Air, Wood, Light, Thunder, Moon, and North Star. Through a comprehensive assessment, Innovation leaders will uncover their individual style and gain valuable insights for leading others during the ever-changing seasons of innovation.

Learning objectives:

- Use our app and discover your natural Innovative leadership style and elements.
- Reflect on the areas for adaptation and growth for the future.
- Compare and contrast elements to unlock the key to resilient leadership required for a sustainable future.

Workshop in English

Max. participants: 30

Think forward - Create your vision for tomorrow Friday 15:00

Presenter(s): Dorte Nielsen

Mohandas Gandhi said: "Be the change you want to see in the world". Look at yourself from a new perspective. See yourself as a brand to create change. In this workshop we will use Brand Vision Cards to spark our imagination and explore our values, actions, and new possibilities. We will find inspiration in the global goals, dream and call on unexpected and far-fetched connections. We will have fun and work with branding tools to write vision statements and think creatively about the future. Let's unlock our thinking and work towards a better tomorrow.

Learning objectives:

- Create a vision for yourself.
- Learn new branding tools to spark your imagination.
- Explore new thinking.

Workshop in English

Max. participants: 20

Design Thinking together with ICE in price-winning model: The Talent Studio. Friday 15:00

Presenter(s): Sabine Schouten

"In this workshop, you will become acquainted with the working method of the Talent Studio, and we would like to showcase several activities that we use with the students". Beyond the classroom, creative thinking can help students adapt to a constantly and rapidly changing world.

In Talent workshops, students from different courses work together on challenges from real companies and institutions. The challenges are always linked to the Global Goals. Through Design Thinking (the ICE-model from Harry van de Schans) and by interdisciplinary cooperation students are challenged to come up with innovative solutions. The "Talent workshop" is a proven educational concept and didactic model. It even has recently won the major national prize for most innovative educational initiative in vocational education.

Learning objectives:

- Crack the code of how to successfully combine interdisciplinary working with design thinking.
- Get to know the ICE-model.
- Learn to provide feedback on worksheets aligned with the methodology.

Workshop in English

Max. participants: 20

Bringing Your Creative Thinking Skills to Meet the Challenge of Climate Change Friday 15:00

Presenter(s): Tim Switalski & Stephen Boucher

This past year, we invited 20 climate activists from eight NGOs to learn how to bring creativity to the fight against climate change. During a two-day event in Brussels, we focused on the importance of creativity in their advocacy work, introduced them to Creative Problem Solving and Polarity Thinking, and applied these methods to real challenges that they currently face. This workshop will highlight what we learned in the process and the key elements that lead to the program's success.

Learning objectives:

- Help you bring your creativity know-how to address the challenges of climate change.
- Apply creative thinking to facilitate collaborative relationships among diverse stakeholders to solve climate problems.
- Discover opportunities to engage in climate action and social innovation that can bring about positive and meaningful change.

Workshop in English avec support en Français

Max. participants: 24

Diversity and Inclusion: A Deep Dive through Virtual Reality Friday 15:00

Presenter(s): Valerie van Lanschot & Annemiek Dresen

It's one thing to talk about inclusion, it's another thing to experience what it really feels like not to be included. Using Virtual Reality – oculus and headset gear – this workshop will give you an experience to deepen your understanding of the impact of exclusion. A short VR scenario will be followed by an open discussion and an invitation to consider what diversity looks like in your workplace. You'll leave with your inclusive mindset heightened, inclusions skills sharpened, and practical tools to help you in your day-to-day.

Learning objectives:

- Discover how to maintain motivation to consistently engage with DEI at work.
- Explore specific actions you can take to improve DEI and your inclusive leadership style.
- Learn how to use practical tools to sustain engagement with D&I.

Workshop in English

Max. participants: 12

L'improvisation appliquée, la créativité incarnée ! Vendredi 15:00

Présentatrice(s)/Présentateur(s): Michel Come

Contrairement aux idées reçues, l'improvisation théâtrale n'est pas l'art de la répartie mais bien l'art de s'engagement physique dans un personnage. L'histoire se crée ensuite naturellement et collectivement grâce à l'écoute active des autres. L'improvisation, c'est écrire un futur incarné.

Objectifs d'apprentissage :

- Explorer écoute active - Confiance - Co-construction.
- Être à l'aise pour créer une histoire ex nihilo
- Apprendre à faire rire !

Atelier en Français with support in English

Max. participants : 18

Stimulez votre créativité grâce aux 7 péchés capitaux ! Vendredi 15:00

Présentatrice(s)/Présentateur(s): Guillemette Goglio

Dans cet atelier expérientiel, les sept péchés capitaux constitueront autant de pistes ludiques pour explorer la créativité et relever les défis du futur. Chacun de ces 7 interdits nous permettra d'explorer une notion démystifiant la créativité ou un moyen concret pour enrichir ce qu'on pourrait appeler une « posture créative » au quotidien.

Quelques péchés fourniront aussi le prétexte pour explorer des techniques d'animation ayant pour but d'injecter de la créativité dans les processus de résolution de problèmes.

Objectifs d'apprentissage :

- Augmenter vos connaissances liées à la créativité et des façons nouvelles de les aborder et de les mémoriser.
- Découvrir des moyens pour favoriser une « posture créative » au quotidien, pour vous, vos clients, votre équipe.
- Enrichir votre coffre à outils de techniques utilisables pour la prise de contact, la clarification des défis, la recherche d'idées nouvelles.

Atelier en Français with support in English

Max. participants : 20

Applied Art Thinking: using art processes to develop creative thinking skills Friday 17:30

Presenter(s): Anne Brisson

A workshop based on the belief that people can learn through art. This will be illustrated by showing people how to do analogue drawing. It is an art process that makes thought visible, requiring no previous drawing skill. Analogue drawing is a visual language, and I will show participants how to use this technique to help identify a creative problem and develop a different perspective on a creative solution.

Learning objectives:

- Develop an understanding of art as a means to improve creative thinking.
- Develop creative thinking skills through analogue drawing exercises.
- Develop an understanding of the transferability of art thinking.

Workshop in English avec support en Français

Max. participants: 20

Mastering the Power of Subliminal Influence Friday 17:30

Presenter(s): Thomas Frankl

Subliminal influence happens below the threshold of our conscious awareness: subliminal forms of communication, intended or not, which affect other people's attitudes, thinking and behaviour – and which may boost, or undermine a leader's authority, the performance of teams or the quality of key customer relationships. Subliminal leaders are better, more effective leaders. In practical exercises participants will discover the power of their five+ senses and explore the power of subliminal influence.

Learning objectives:

- Learn to appreciate the power of our senses.
- Understand how humans influence each other subliminally.
- Recognize attempts at subliminal manipulation.

Workshop in English avec support en Français

Max. participants: 20

The creativity journey across generations Friday 17:30

Presenter(s): Chiara Micalizzi & Flora Finocchiaro

Today multiple generations are working together and this is a big value and also a real challenge for organizations and more... all of us go along our creativity journey during our life. How we can put together all these sparkles, feed, and work in an inclusive and creative climate? With this workshop, you will experiment and practice ways of thinking and doing creatively "through the ages".

Learning objectives:

- Explore the creative thinking along the generations.
- Acquire tools to facilitate the creative process in multigenerational teams.
- Promote inclusion within the team.

Workshop in English

Max. participants: 40

Leveraging CPS as a Project Leadership Framework for Outsized Impact on Purpose-Driven Leadership Friday 17:30

Presenter(s): Megan Mozina

Purpose-driven leaders (nonprofits, government, education, etc) are intrinsically motivated to solve the world's most complex problems, though they often lack a consistent approach for doing so. Come to collaboratively explore how CPS can be layered with other methodologies to serve as a simple Project Leadership Framework that purpose-driven leaders can use with their teams. We'll also explore why this approach can have an outsized impact on these leaders' efforts on the UN Sustainable Development Goals.

Learning objectives:

- Dig into the unique challenges of purpose-driven leaders.
- Learn about how layering other methodologies onto CPS can make simple Project Leadership Framework.
- Explore how the Project Leadership Framework can impact the UN Sustainable Development Goals.

Workshop in English

Max. participants: 40

From Brainstorm to AI-storm Friday 17:30

Presenter(s): Fleur Pullen & Marieke Aantjes

It has only been one year since ChatGPT was launched. In the meantime, one in three Dutch people use this type of AI tool! From now on we always have a personal assistant, brainstorming buddy and database at hand. But what exactly can you as a facilitator do with this? And how does it affect the creative self-confidence of your group?

How can you use AI in your brainstorming sessions? That is the central question in the workshop. We take the participants through a real case and together with the participants and a few of our favorite AI tools, we unleash our creativity in a real AI brainstorm. The workshop starts with a creative warm-up and insight into how creativity works in your brain. The bulk of the workshop then consists of the most important steps of an AI brainstorm, in which participants experience how and when they can use AI to break patterns and come up with innovative ideas.

Learning objectives:

- Experience how an AI brainstorm works.
- Unlock the opportunities of AI tools to break patterns.
- Apply new and refreshing AI/creative working methods.

Workshop in English

Max. participants: 20

Possibility Books: a bridge for forward thinking Friday 17:30

Presenter(s): Kris Stanec

Come experience Possibility Books, a method that opens a safe space to reflect, innovate, and learn from others. Possibility Books increase idea generation as participants explore mark-making to capture multiple ways of knowing. This session provides materials and exercises that demonstrate how creative skills bridge the cognitive and the metacognitive, elevating one's ability to think abstractly. Situated in a model of participatory equity, Possibility Books build a foundation for collaboration and meaningful exchange.

Learning objectives:

- Explore Possibility Books: a method to build safe, creative communities for problem solving.
- Experience mark-making as an access point for embodied ways of knowing.
- Practice creative skills, including tolerance of ambiguity, that increase openness to difference.

Workshop in English

Max. participants: 25

Toi + Moi...+ l'IA ! Vendredi 17:30

Présentatrice(s)/Présentateur(s): Arnaud Pottier Rossi

Déchaînez votre créativité avec les IA génératives dans notre atelier interactif de 90 minutes, ouvert aux experts comme aux novices. Plongez au cœur de l'innovation et découvrez comment ces technologies peuvent décupler votre potentiel créatif, en solo ou en équipe. S'inspirant de « The Originality of Machines: AI Takes the Torrance Test » d'Erik E. Guzik, nous mélangeons théorie stimulante et pratique immersive pour débloquer les secrets de la créativité assistée par IA. Préparez-vous à passer à l'ère de la Créativité Augmentée !

Objectifs d'apprentissage :

- Comprendre le fonctionnement des IA et des IA Génératives.
- Appréhender l'utilisation des IA Génératives dans nos processus de créativité.
- S'amuser à diverger et converger différemment.

Atelier en Français

Max. participants : 20

Prendre en main son futur avec les outils de la Team Academy Vendredi 17:30

Présentatrice(s)/Présentateur(s): Laure Rogez & Louis Dockwiller

Entrer dans le monde de la TEAM ACADEMY, l'université sans cours ni prof où de futurs entrepreneurs prennent leur destin en main, via des projets concrets et en équipe. 90mn pour s'approprier l'outil PHARE le LEARNING CONTRACT et ses clés pour devenir entrepreneur de votre futur. Interactif, créatif, un atelier utile pour vous et votre équipe.

Objectifs d'apprentissage :

- Se donner les moyens de choisir ses priorités et de construire son chemin vivre ses rêves.
- Apprendre à développer ses compétences de manière ciblées pour atteindre ses objectifs.
- Apprendre à écrire son futur en équipe.

Atelier en Français with support in English

Max. participants : 35

Breaking routines with micro adventures Saturday 15:00

Presenter(s): Lara Donners & Ismet Mamnoon

First we will explain the advantages of integrating micro adventures in your life and why the topic of sustainability is a good fit with micro adventures. In different rounds participants will brainstorm about possible micro adventures in their life, rounds may include sustainable food habits, sustainable transport, zero-waste parties, no water for 24-hours challenge, ... Participants select their micro adventures and design a tangible eco friendly card set. We conclude with 'rules of the game'.

Learning objectives:

- Understand the need for variety and stimulus as a healthy habit for creative professionals,
- Discover novelty of experience as a creative habit.
- Explore small steps contributing to sustainable change.

Workshop in English avec support en Français

Max. participants: 25

Empower your connections with Biodanza! Saturday 15:00

Presenter(s): Sophie Harvey

Biodanza is a system fostering human development through integrated bodily experiences driven by music, movement, and connection. It revitalizes our awareness of sensations and emotions, facilitating authentic self-expression and deeper connections.

This session offers easy and joyful "exercises in movement" to a variety of carefully curated music. It is an invitation to the joy of living, the pleasure of dancing and coexisting. And it is not necessary to know how to dance!

Learning objectives:

- Harmonize thinking, feeling and doing.
- Vitalize non-verbal communication and expression to improve creative skills.
- Awaken the pleasure of moving and stimulate inspiration.

Workshop in English avec support en Français

Max. participants: 100

The Journey: A way to see change and be changed Saturday 15:00

Presenter(s): Tim Hurson

It is said that life is a journey. It may be full of peril or joy. What you make of your journey is yours to choose. Agony? Joy? Love? Learning? Despair? Opening? A guide or an inspiration for others?

Come with us to explore your journey's possibilities. It's impossible for you to be disappointed. After all, your journey is an expression of the thing you love most.

Learning objectives:

- Explore your journey so far and discover possible journeys to come.
- Learn a practice to help you navigate the journey you encounter.
- Learn a way to fully experience each journey you make.

Workshop in English

Max. participants: 18

A Crash Course in Using the LEGO Serious Play Method Saturday 15:00

Presenter(s): Denise Meyerson

Introduce the LEGO Serious Play Method into your facilitation toolkit! Engage groups of all sizes, create a positive environment in the room and set participants up for success. Use this hands-on, minds-on way of building connections between team members and encourage storytelling at a deeper level. And of course - have fun!

Learning objectives:

- Build this incredibly powerful technique into your facilitation workshops.
- Use the method for in-persona and virtual meetings.
- Gain confidence in applying the process to all kinds of sessions: ideation, team building, strategy development, ...

Workshop in English

Max. participants: 20

Customize CPS Tools for your Team with FourSight Saturday 15:00

Presenter(s): Sarah Thurber

Teams have FourSight thinking preferences, too. Learn how high & low thinking preferences affect group performance. Diagnose what your team needs, and choose custom CPS tools to improve problem-solving performance. (Prerequisite: Know your FourSight Thinking Profile).

Learning objectives:

- Learn how FourSight preferences affect teams.
- Pick the best CPS tools for your team.
- Make the bridge between preferences and problem solving.

Workshop in English

Max. participants: 30

CPS Lab Saturday 15:00

Facilitators: CREA Facilitator Power Team

The CPS Lab provides a safe space to go deeper into the integration and practice of what was learned in the morning Learning Track programs. It will boost your confidence to apply the tools and techniques you have learned to real life situations. This will be achieved through different activities led by a team of expert CREA facilitators.

Participants will have the choice a few zones, such as:

- applying CPS to a realistic situation,
- exploring tools & techniques you made need in your specific application,
- discovering additional icebreakers & energizers, through application,
- discussing & getting answers and coaching to any unclear notions.

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Learning objectives:

- Deepen understanding of concepts, process, tools, and techniques learned in Learning Track programs.
- Increase ease and comfort in using CPS tools and techniques through application on realistic situations.
- Gain more knowledge and experience in other areas of expertise closely related to CPS and facilitation.

Workshop in English et en Français

Max. participants: 15-20 in French, same in English.

CPS Lab Samedi 15:00

Facilitateurs: Équipe d'animateurs experts de CREA

Le CPS LAB offre un espace sûr pour approfondir l'intégration et la pratique de ce qui a été appris dans les programmes du « Learning Track », offerts en matinée. Cela vous aidera à augmenter votre confiance pour appliquer les outils et techniques à vos situations réelles professionnelles. Cet objectif sera atteint grâce à différentes activités animées par une équipe de facilitateurs experts de CREA.

Les participants auront le choix parmi quelques thématiques, telles que :

- Application du CPS à une situation réaliste de votre quotidien,
- Exploration d'outils et de techniques dont vous pourriez avoir besoin dans votre contexte spécifique,
- Découverte de brise-glaces et d'activités énergisantes supplémentaires, en mode application,
- Coaching et réponse à vos questions sur des notions encore floues.

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Objectifs d'apprentissage:

- Approfondir la compréhension des concepts, processus, outils et techniques appris dans les programmes du « Learning Track ».
- Augmenter votre fluidité et confort dans l'utilisation des outils et techniques du CPS grâce à leur application sur des situations réalistes.
- Acquérir plus de connaissances et d'expérience dans d'autres domaines d'expertise étroitement liés au CPS et à la facilitation.

Atelier en Français and in English

Max. participants: 15-20 en Français, same in English.

Kata d'amélioration: débloquent l'innovation Samedi 15:00

Présentatrice(s)/Présentateur(s): Jean-Marc Legentil

L'approche kata nous révèle le processus fondamental qui supporte les outils et techniques du CPS utilisés dans les organisations afin d'améliorer le travail au quotidien. Cette approche permet de résoudre une problématique complexe en découvrant pas à pas les éléments qui bloquent la résolution. À terme, cela permet de mettre en place une façon de penser que chacun peut adopter de manière systématique pour trouver de nouvelles façons de régler les problèmes de l'organisation. Pour découvrir de façon ludique cette démarche de résolution de problème, couramment utilisée en amélioration continue, je vous propose de réaliser avec moi un puzzle, ou un casse-tête comme on dirait chez nous.

Objectifs d'apprentissage :

- Découvrir les étapes du Kata d'amélioration.
- Explorer les cinq questions du Kata de coaching appuyé par un StoryBoard visuel.
- Développer une attitude curieuse envers le Kata.

Atelier en Français with support in English

Max. participants : 18

Construire un futur commun grâce au Rêve éveillé et à l'Arbre de vie Samedi 15:00

Présentatrice(s)/Présentateur(s): Cécile Ponchel & Yves Chambert-Loir

L'Arbre de vie, issu des Techniques narratives est une méthode de coaching pour symboliser les histoires des personnes, ce qu'elles ont vécu, ce qu'elles veulent, ce qui est important pour elles. La métaphore de l'arbre permet de nous mettre à distance, en recul pour mieux poser les choses : notre histoire, nos forces/talents, nos besoins... En l'utilisant pour un collectif, c'est un excellent moyen de mettre du JE au service du NOUS pour apprendre à collaborer ensemble et faire de notre collectif une forêt pleine de richesses, un écosystème fertile et créatif. Grâce à des techniques de Réveil théâtral et de Rêve éveillé, les participants seront guidés dans un parcours individuel et dans un espace qui leur appartient afin de dessiner leur Arbre de vie.

Objectifs d'apprentissage :

- Explorer la créativité mentale et corporelle grâce au Rêve éveillé.
- Utiliser la métaphore de l'arbre pour mieux se connaître et révéler vos atouts pour le collectif.
- Développer ses capacités d'écoute de soi.

Atelier en Français

Max. participants : 30

Lummelen, the art of doing nothing - An ode to the power of incubation Saturday 17:30

Presenter(s): Mirjam de Keizer & Wilma Wouter

'The less you do, the more you achieve' Mies van der Rohe (1886-1969). It sounds too good to be true. That you solve a complicated problem by doing nothing. Although that's a bit too easy to think, the power of incubation in the creative process is enormous and often underused.

While performing our workshop we will do 'nothing'. You'll be challenged to eradicate your thoughts, don't think and distance yourself from the problem you are thinking so hard about. To then come up with new ideas.

Learning objectives:

- Become more aware of the usefulness and necessity of lummelen.
- Gain experience with the power of incubation by trying out a variety of lummel techniques.
- Gain a deeper insight into the theory of incubation in CPS.

Workshop in English

Max. participants: 16

How Thinking with Strengths is Thinking Forward Saturday 17:30

Presenter(s): Sherif El-Henaoui

Forward thinking is not just a theme but a necessary mindset for the survival of the planet. Mastering innovation and nurturing creativity are skills that can be cultivated. Incorporating a strengths-based approach simplifies this process and makes it more innate. This workshop aims to introduce a strengths mindset through a mini-creativity exercise. Participants will discover that when acknowledging their and others' talents, roles, behaviors, and actions align more seamlessly, nurturing a more natural creative environment.

Learning objectives:

- Introduce the concept of strengths set.
- Apply the strengths-based mindset in a practical exercise.
- Learn how can strengths contribute to a sustainable world.

Workshop in English avec support en Français

Max. participants: 20

Creating Authentic Collaboration: The Power of Games Saturday 17:30

Presenter(s): Agustina Rapetti

Vast research on productivity fuels our optimism for the potential of collaborative work. However, have you experienced the contrast between this potential and the reality of mundane business meetings? That's where setting the right group mindset becomes crucial. Discover the transformative power of incorporating games into meetings in a structured way. Watch how participants shift from a state of closure to one of openness, fostering a mindset that drives exceptional performance.

Learning objectives:

- Experience firsthand the power of games as vehicles for mindset shifting.
- Acquire 3 games that you can incorporate to your next business meeting/collaborative session.
- Learn the essential steps to effectively facilitate games.

Workshop in English

Max. participants: 40

Envision and Invent the Future with Science Fiction Prototyping Workshops Saturday 17:30

Presenter(s): Lisa Strick

Predicting the future is harder than ever. And designing for it is even harder. But what if we started with a vision of the future? This workshop explains the science fiction prototyping process and demonstrates how it can be a deliberate innovation tool. We will use existing SciFi scenarios and predictions to inspire us as we breakout into teams to harness the vision of science fiction to brainstorm products/services for the future.

Learning objectives:

- Learn about science fiction prototyping and the value of harnessing the vision of science fiction.
- Learn how to use science fiction scenarios as a deliberate innovation tool for new products/services.
- Practice brainstorming with the new methodology by using science fiction scenarios as inspiration.

Workshop in English

Max. participants: 60

Let Others Speak Your Mind: A Playback Theatre Approach to SDGs Saturday 17:30

Presenter(s): Yoel Tawil

Explore the power of Playback Theatre, where your stories are theatrically mirrored by others, fostering empathy and creative reinterpretation. In a supportive environment, we'll share and direct narratives related to SDGs, re-examining past experiences and imagining alternative futures. This session aims to enhance our capacity for empathetic understanding and creative decision-making, crucial in envisioning and achieving sustainable development goals.

Learning objectives:

- Explore Futuristic Imagination of Alternative Realities.
- Integrate Creative (and serious) Play and Expression.
- Develop Empathetic Understanding and Perspective-Taking.

Workshop in English avec support en Français

Max. participants: 25

CPS Lab Saturday 17:30

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Workshop in English et en Français

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CPS Lab Samedi 17:30

Facilitateurs: Équipe d'animateurs experts de CREA

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Atelier en Français and in English

Max. participants: 15-20 en Français, same in English.

Développer le potentiel de votre créativité à travers le mystère de l'Haïku Samedi 17:30

Présentatrice(s)/Présentateur(s): Arnaud Pottier-Rossi

La créativité, semblable à un muscle en quête de développement, attend seulement d'être stimulée, cultivée, et renforcée. Mais comment transformer ce potentiel en une compétence performante? Une piste réside dans la fascinante connexion entre Créativité et Ambiguïté. Notre atelier exclusif de 90 minutes, conçu tant pour les néophytes que pour les virtuoses de la créativité, tisse les liens entre neuroscience et poésie.

Au cœur de cette expérience, nous plongerons dans les recherches avant-gardistes en neurosciences explorant l'ambiguïté et nous aventurerons dans l'univers poétique des haïkus. Par l'analyse et la création de haïkus, nous affûterons notre tolérance à l'ambiguïté, un catalyseur puissant pour libérer notre potentiel créatif. Nous vous invitons à vous joindre à cette odyssée unique, mariant l'art ancestral de l'haïku à la rigueur de la science contemporaine. Ensemble, explorons comment la poésie et la science peuvent se conjuguer pour former le moteur de notre créativité!

Objectifs d'apprentissage :

- Élever sa tolérance à l'ambiguïté : Embarquez pour un voyage introspectif qui élargira vos horizons mentaux, vous rendant plus réceptif aux multiples interprétations du monde qui vous entoure.
- Sculpter sa créativité avec panache : Grâce à des techniques éprouvées et des exercices pratiques, découvrez comment amplifier votre créativité personnelle !
- Décoder les mystères des neurosciences : Initiez-vous aux concepts clés des neurosciences de façon accessible et captivante, permettant de comprendre quelques mécanismes cérébraux qui sous-tendent la pensée créative.

Atelier en Français

Max. participants : 30

Créativité écoresponsable : cheminons ensemble vers un avenir durable Samedi 17:30

Présentatrice(s)/Présentateur(s): Christine Bout de L'An

Ré-habitions notre belle planète Terre ! Avec cet atelier, plongez au cœur d'une créativité éco-responsable où l'innovation rencontre le développement durable. Choisissez l'Objectif de Développement Durable (ODD) des Nations-Unies qui vous inspire et explorez physiquement le processus CPS pour trouver des solutions inédites et adaptées à votre lieu de vie / travail. Ensemble, créons un impact positif et vibrant pour un monde durable et plus agréable à vivre pour tous et toutes !

Objectifs d'apprentissage :

- S'approprier de manière créative les Objectifs de Développement Durable des Nations-Unies.
- Explorer physiquement le processus Creative Problem Solving.
- Développer ses fonctions imaginatives sur un problème socio-environnemental à échelle locale.

Atelier en Français with support in English

Max. participants : 20
